

# NAVIGATING OPIOID Safety

UP TO 4.0  
CME/CE CREDITS  
**WEDNESDAY**  
October 9, 2019

## Across the **CONTINUUM OF CARE**

**Learn about pain management, tapering, dependency, treatment, and referral to improve patient safety, health outcomes, and clinician well-being.**

**Supported by:**



The DuPage County Heroin/Opioid Prevention and Education (HOPE) Taskforce and the Substance Abuse and Mental Health Services Administration (SAMHSA) provided funds for a portion of this seminar.

**HOPE DUPAGE.org**



# NAVIGATING OPIOID Safety Across the CONTINUUM OF CARE

## AGENDA

### WEDNESDAY

October 9, 2019

11:30 am - 12:00 pm  
Lunch and Registration

12:00 pm - 12:05 pm  
Introduction and Welcome  
**Rashmi Chugh, MD, MPH**

12:05 pm - 12:35 pm  
A Guide to New Opioid  
Prescribing Rules:  
An Update from the IDFPR  
**Joseph E. Fojtik, MD, FACP**

12:35 pm - 1:50 pm  
Assisting Patients with  
Opioid Use Disorder:  
Diagnosis and Treatment  
**Elizabeth Salisbury-Afshar,  
MD, MPH, FAAFP, FASAM,  
FACPM**

1:50 pm - 2:05 pm  
Break

2:05 pm - 2:50 pm  
The Role of Opioids  
in the Safe Treatment  
of Chronic Pain  
**William Campbell, DO**

2:50 pm - 4:20 pm  
Safe and Effective  
Alleviation of Acute Pain  
**David Ring, MD, PhD**

4:20 pm - 4:30 pm  
Evaluation and Closing

**MEDINAH SHINERS**  
550 Shriners Drive  
Addison, IL 60101



**Rashmi Chugh, MD,  
MPH**  
Medical Officer  
*DuPage County  
Health Department*

Dr. Rashmi Chugh has served as medical officer at the DuPage County Health Department since 2003.

She graduated from the Medical College of Wisconsin and completed her family medicine residency at AMITA Health Adventist Hinsdale Hospital.

Dr. Chugh is board certified in family medicine and earned her Master of Public Health degree from the University of Illinois at Chicago School of Public Health in Health Policy and Administration. Drawing from her background in family medicine, public health, and organized medicine, Dr. Chugh serves in leadership roles with the DuPage County Medical Society, Illinois Academy of Family Physicians, and EverThrive Illinois.

**Joseph E. Fojtik, MD,  
FACP**  
Deputy Medical Coordinator  
*Illinois Department of Financial  
and Professional Regulations*

Joseph E. Fojtik, MD, FACP, received his BS in Ecology, Ethology and Evolution from the University of Illinois at Urbana-Champaign, his Doctor of Medicine from the University of Illinois College of Medicine at Chicago and completed his internal medicine residency at Northwestern University.

Dr. Fojtik has been in clinical practice since. He also has been a regional Medical Director for a PCMH pilot, a Chair of the Department of Medicine and has held various committee and task force positions with NCQA, the Federation of State Medical Boards and the American College of Physicians. Currently, Dr. Fojtik is a Medical Coordinator for the Illinois Department of Financial and Professional Regulations as well as Consultant, Office of Inspector General, State of Illinois.

**Elizabeth Salisbury-  
Afshar, MD, MPH,  
FAAFP, FASAM, FACPM**  
Director, *Center for Addiction  
Research and Effective Solutions  
(CARES), American Institutes for  
Research (AIR)*

Dr. Salisbury-Afshar is board certified in family medicine, general preventive medicine/public health, and addiction medicine. She earned her medical degree from Rush Medical College in Chicago, Illinois, and her Master of Public Health (MPH) degree from Johns Hopkins University in Baltimore, Maryland. She completed a family medicine residency at the University of Illinois Chicago/Illinois Masonic Medical Center and a residency in preventive medicine at Johns Hopkins University.

Since graduating from family medicine residency in 2010, Dr. Salisbury Afshar has continuously worked in federally qualified health centers (FQHCs) in both Baltimore and Chicago. Her role at AIR focuses on expanding evidence based interventions to address the opioid crisis, and she continues to work clinically on a part time basis at Heartland Alliance Health, a health care for the homeless provider in Chicago. Her clinical focus is working with medically underserved populations, with specific expertise on integrating behavioral and physical health services.

**William Campbell, DO**  
*Family Medicine/Pain Medicine  
Health Solutions*

Dr. William Campbell is a board certified family medicine and pain medicine physician. Dr. Campbell graduated medical school at the Chicago College of Osteopathic Medicine (CCOM) in 2005, and graduated residency at Franciscan Olympia Fields in Family Medicine in 2008. At that time, he worked as a family physician, becoming Chair of the Family Medicine department of Franciscan Olympia Fields hospital from 2013-2016.

In 2015, Dr. Campbell became Board Certified in Pain Medicine. Aside from interventional treatment techniques, Dr. Campbell has been very active in addressing the Opioid Crisis, as he is certified in providing Medication Assisted Treatment for Opioid Use Disorder. He is the Chair of the Opioid Safety Workgroup for the Illinois Association of Family Physicians, and is on the Prescription Monitoring Program advisory committee for the State of Illinois. He is also on the faculty at the Chicago College of Osteopathic Medicine, and the Franciscan Family Medicine Residency Program.

Dr. Campbell currently operates with his partners out of four offices, including locations in Tinley Park, Rockford and Olympia Fields, IL, and Munster, IN.

## LEARNING OBJECTIVES

1. Recognize the difference between nociception (the physiology of actual or potential tissue damage) and pain (the unpleasant thoughts, emotions, and behaviors that may accompany nociception).
2. Identify the psychological and social determinants of health that account for much of the variation in pain intensity for a given nociception.
3. Develop communication strategies and an action plan to help patients ready for and accommodate post-operative nociception in the safest, most comfortable way, including pharmacological and nonpharmacological approaches.
4. Describe the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) terminology and diagnostic criteria for opioid use disorder.
5. Employ strategies for shared decision making with patients that includes treatment options for opioid use disorder and the evidence for each option.
6. Prepare to safely taper patients, initiate treatment, or facilitate referrals for opioid use disorder.

For information and resources related to the HOPE Taskforce Framework, including reducing drug access, reducing opioid use and misuse, increasing overdose response, treatment and recovery, and prevention and education, visit [hopedupage.org](http://hopedupage.org).



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